



# 4-H Newsletter

February 2013

## SEMINOLE COUNTY

4-H is a community of young people across America who are learning leadership, citizenship and life skills.



### FROM THE AGENTS:

Dear Fellow 4-H'ers!

We hope you are gearing up for a busy Spring with The Central Florida Fair! Get ready to have a fun and rewarding time. Many of our fellow 4-H'ers are putting the finishing touches on their game boards, booths, as well as their livestock projects. We have several youth attending the Consumer Choices Contest in Osceola this February as well. We also have many youth who will be attending the Annual Benefit/Open Horse Show in February. If you have questions or need more information regarding fair activities feel free to contact Ms. Bridgete or Mr. Shane. We look forward to seeing you at the fair!

*Shane Michael Bridgete Milne*

**4-H AGENTS—SEMINOLE  
COUNTY**



## 4-H County Events Night

County Events Night is a night full of public speaking, demonstration, illustrated talks, and much more. During the evening 4-H'ers have the opportunity to give a presentation about their 4-H project. This can be done in a couple of different ways:

**Public Speaking:** give a speech with a theme related to your project.

**Demonstration:** show the audience how to make or do something related to your project.

**Illustrated Talk:** give a speech with visual aid.

### Registration:

Deadline: Tuesday, March 12

<http://2013countyevents.eventbrite.com>

For more information check out the [4-H Website](#).

**Seminole County 4-H  
County Events Night  
Friday, March 15, 2013  
6:30 PM  
Extension Auditorium**



*Save the Date*

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# Seminole County 4-H Spring Workshops

Come Join us for workshop fun in March!

## Wood Working

Attention youth 11-18 years old: Do you enjoy working with your hands? Want to learn the proper use of tools? Do you want to complete a woodworking project of your own? Join Seminole County 4-H on Monday, March 27, 2013

**Fee:** \$5

**Registration:** call 407-665-5560.

**Time:** 9:00AM to 1:00 PM

Extension Auditorium

## 4-H "Show me the Money" Spring Break day Camp:

Make spring break count by learning how to save, spend, and handle money appropriately. Youth 13-18 learn tips and techniques on how to perform a career search and how to prepare to live independently.

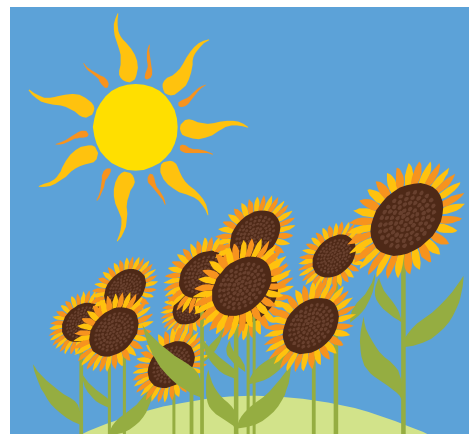
**Dates/Time:** March 25-26, 2013

9:00AM—1:00PM

**Fee:** \$10

**Registration:** Call 407-665-5557

**Location:** Seminole County Ext. Office



## Exhibit Night Exhibits due March 14, 2013

### Project exhibits, Poster and Photo Contests—due in the 4-H Office March 14th.

**4-H Exhibits** may be of 2 types.

They are:

1. **PRODUCT EXHIBITS** - These are exhibits that are items that you have made as part of a 4-H project. This includes things such as woodworking, crafts, a dress, animal tracks, first aid kit, making cookies, breads, citrus trees, plants, etc... **Product Exhibits** can also be a box type display showing project activities or items that are part of a project.

#### 2. **EDUCATIONAL/POSTER EXHIBIT**

- is using a poster that will show and tell what you did in a project. It may include pictures, drawings, photos, and/or writing. **MAXIMUM SIZE OF POSTER TYPE EXHIBIT IS 14" x 22"** (HALF SHEET OF POSTER BOARD). A 3 sided science board is also acceptable.

All exhibits, posters and photos receive ribbons. More information can be found on the [4-H Website](#).

### 4-H Photo Contest—due 3/14

**New rules have been released for the 2013 Photo Contest.**

Check out this website to help you plan for this year: [Florida 4-H Photo Contest](#)  
Here are a few of the updates:

- **Classes:** People, Animals, Plant/flora, Science, Architectural Elements, Still life, Hat Tricks and Magic, Photo Story, Black and White, and 4-H Theme.

- **Digital Flies:** All entries must include the photo in a JPEG file format and will be emailed and submitted electronically. Film must be converted to a JPEG file.

#### • **Model Release Statement:**

Recognizable pictures of any adult or youth must include a "Model Release" signature. Minors must have a parent signature.

Check out the [Exhibit Night](#) informational packet with more information on submitting your photos.

### 4-H Poster Contest Due March 14, 2013

The poster contest is open to all 4-H members 8-18 years of age. The age categories are:

1. Juniors (8-10)
2. Intermediates (11-13)
3. Seniors (14-18)

There is no set theme for the poster contest, however, the poster must relate to one of the following 4-H projects:

1. Healthy Lifestyles
2. Science, Engineering, and Technology (SET)
3. Citizenship

Check out this website for more specifics on the contest: [FL 4-H Poster Contest](#)

# HOOF BEATS



**Thank You to all the youth who were able to obtain some sponsorships for the 2012-2013 4-H Horse Program!**

club leader and discuss what role you would like during the show. If your club has chosen a responsibility that you would prefer not to do, please let me know and we can work out another role.

## **Benefit/Open Horse Show Registration Deadlines:**

**Pre-entry deadline for all Hunter and Western Division Classes is Wednesday, February 13, 2013. Class cost is \$10.00.**

**Pre-entry deadline for all Dressage Classes is Monday February 11, 2013. Class cost is \$15.00.**

**After February 13, all Hunter and Western classes cost \$13.**

**After February 11, all dressage classes cost \$25.**

## **Show Registration:**

The Benefit Horse Show registration can be found on the 4-H Horse Show website.

Class/Division descriptions can also be found on the [4-H Horse Show](#) website.

## **Benefit/Open Horse Show:**

The Horse Leader's and I have been busy preparing for the upcoming Benefit/Open Horse Show. Many of the clubs have already signed up for various volunteer responsibilities during the show. Please get with your

## 4-H Club and Volunteer Development

Seminole County 4-H has the tools you need to make the most out of your club meetings and projects. We offer resources on club development such as:

- Organizational Leader Guide
- Project Leader Guide
- Activity Leader Guide
- Treasurer's Manual
- Parliamentary Procedures
- Recognizing Accomplishments
- Achieving Standards of Excellence

Marketing You: Guidelines for Completing a Florida 4-H Recognition Portfolio

Thinking about starting your own 4-H club?

We offer resources and support every step of the way for starting 4-H clubs and are more than happy to speak with you regarding your ideas about starting a club.

Our goal is to continue to expand our clubs so we can offer many more 4-H opportunities to Seminole County youth and families.

Current Interests:

- Robotics
- Sewing
- Cooking
- Fishing

4-H volunteers have the opportunity to make a positive impact on the life of a child, why not start today?

More Info: email Bridgete at [bmckenna@seminolecountyfl.gov](mailto:bmckenna@seminolecountyfl.gov)

## **Seminole County 4-H Teens in Action Club**

**TIA is open to youth 13-18 years of age looking for ways to earn volunteer hours for scholarships and work on skills relating to leadership development. Teens work with youth 5-12 yrs in small groups on 4-H projects. Call 407-665-5557 for information.**

## 4-H Club News



## **Attention 4-H Clubs:**

Do you have any exciting updates or news you would like to share with your fellow 4-H'ers?

If so, please submit news via email to [bmckenna@seminolecountyfl.gov](mailto:bmckenna@seminolecountyfl.gov) to be included in the monthly newsletter.



## Club Development—Essential Element—Mastery

Shane Michael, 4-H Agent

The essential element that will be discussed in this article is Mastery. Mastery is the building of knowledge, skills, and attitudes and the ability to demonstrate the knowledge and skills. As a club leader and youth development organization, we need it to be our goal to help the club members gain a sense of mastery. Gaining this sense of mastery can be done through providing opportunities for mastery and by helping to engage the members in their projects.

Providing opportunities for mastery for your members is a major foundation of the 4-H club work. What better way for a member to show they have mastered a topic than to present the knowledge or skill to a group. This can be done through a demonstration or speech. Setting aside time for youth to give a club demonstration is an easy way provide youth an opportunity to demonstrate mastery. In addition, if we reflect back to the sense of belonging, providing an environment where the member feels safe and secure to present their demonstration to their club is important.

The second part of the essential element of mastery is engaging the youth. If we continue to use the club demonstration activity, we can see that many of the youth will need encouragement and a little prodding to get up in front of a group. Many times the fear of public speaking has to deal with the youth being afraid of seeming ignorant in front of the group. To overcome this fear, the youth will need learn all that they can about the topic. Helping the youth to pick a topic in which they can be excited to learn and present is all a part of engaging the youth. Studies have shown that as a youth is intellectually stimulated and challenged they will become more engaged. In other words they will enjoy the experience more and therefore gain new knowledge, attitudes and skills.

In conclusion, setting aside some time for club demonstrations and encouraging your members to challenge themselves will have a great effect on the member.

## 1st Annual Seminole County Hippology Contest

Last month 5 4-H members participating in the 4-H horse project competed in the 1st Annual Seminole County Hippology Contest. Over two evenings, the competitors challenged themselves and their opponents to a contest encompassing all parts of the horse industry. The first evening included a 25 question quiz, 25 identification slides, and a team problem. The second evening included the judging phase, stations, and feedstuffs stations. All the competitors did an awesome job, and even admitted to learning a lot more about their equine buddies. Congratulations to Saffron A., Alyssa O., & Ali V. of the Spurred Together 4-H Club and Nathan H., and Emily S. of the KC Kids 4-H Club.

Results:

Junior/

Intermediates

1st place—Nathan

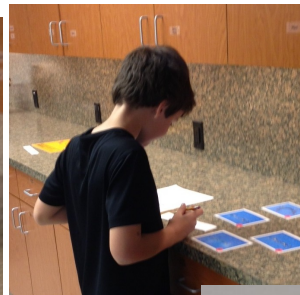
2nd place—Saffron

Seniors

1st place—Alyssa

2nd place—Emily

3rd place—Ali



Test your own knowledge on this questions used from the contest:

1. Which of the following is the site of fermentation in the digestive tract?

- A. Cecum      B. Duodenum  
C. Small Intestine      D. Pyloric Sphincter

2. Which of the following would NOT be true for a “base wide” conformation horse?

- A. toed out      B. narrow-chested  
C. excess wear outside  
D. wing in

3. Which component of blood is associated with the immune system?

- A. erythrocytes      B. leukocytes  
C. platelets      D. hemoglobin

Answers: A, B, B

# CALENDAR OF UPCOMING EVENTS

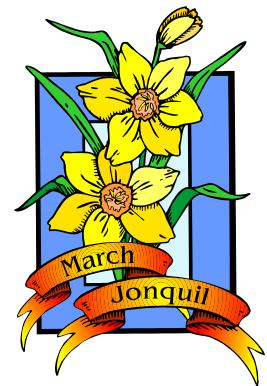
## FEBRUARY

- 2 Citrus Tree Pre-Judging/Project Books
- Knowledge Test-MREC, 10:00 AM
- 4 CFF Power Point Entries due—Lake County
- 6 Interview Contest Entries due, online app.
- Resume Contest Entries due, 4-H Office, Seminole, 4:00 PM
- 11 Clover Kids Meeting—5:30-7:00 PM
- 11 Teens in Action Meeting—Following Clover Kids Meeting
- 11 Horse Leader's Meeting—6:30 PM
- 11 Benefit/Open Horse Show Dressage Pre-entry due
- 11 CFF Nutrition Contest Registration Deadline—Orange County
- 13 Benefit/Open Horse Show English and Western Pre-Entry due
- 15-17 Benefit/Open Horse Show—Clarcona Horseman's Park
- 18 CFF Banner Contest Entries Due—Lake County
- 19 County Council Meeting 6:00 PM Pizza Meeting 6:15 PM
- 20 CFF Club Booth Applications Dues—Orange County
- 23-25 CFF Club Booth Set UP—CFF Fairgrounds
- 23 Clover Kids Meeting 5:30-7:00 PM
- 25 Gameboard due to the 4-H Office
- 25 Scarecrow Contest Entries due to the 4-H Bldg 4:00 PM—CFF Fairground
- 28 Central Florida Fair Opens



## MARCH

- 2 4-H Day at the Fair
- 4 Clover Kids Meeting—5:30-7:00 PM
- 6 Area D Committee Meeting—7:00 PM—Seminole County
- 8 County Events Registration Deadline—Event Brite
- 10 CFF Livestock Sales
- 10 CFF Booth Take Down 6:00 PM
- 12 County Council Meeting, 6:00 PM Pizza 6:15 PM Meeting
- 14 4-H Day at the Capitol
- 14 Exhibit Night Entries Due by 5:00 PM
- 15 County Events 6:30 PM—4-H Office
- 18 Horse Leader's Meeting—6:30 PM
- 19 District Council Meeting—6:00 PM—Orange County
- 19 TG Lee / District VIII Scholarship Interviews—Orange County
- 25-29 Spring Break Workshops
- 25 Clover Kids Meeting 5:30 –7:00 PM
- 25 Teens in Action Meeting—Following Clover Kids Meeting



## APRIL

- 1 Horse Leader's Meeting—6:30 PM
- 2 Seminole County 4-H Association Meeting—6:30 PM
- 6 Seminole County 4-H County Horse Show—Clarcona Horseman's Park
- 8 Clover Kids Meeting—5:30-7:00 PM
- 8 Teens in Action Meeting—Following Clover Kids Meeting
- 12 Annual Spaghetti Dinner and Silent Auction
- 16 County Council Meeting, 6:00 PM Pizza 6:15 PM Meeting
- 19-21 3rd Executive Board
- 20 Seminole County Centennial Celebration
- 22 Clover Kids Meeting—5:30-7:00 PM
- 29 Horse Record Books Spot Check Deadline
- 29 Horse Leader's Meeting—6:30 PM